

WELCOMING YOUR NEW PUPPY



Puppy Name:
Favourite toy:

Date of birth:
Favourite Food:

Bonding and learning take time!

PUPPY SUPPLIES:

- Leash
- Collar / harness
- Food
- Food puzzles
- Chew toys
- Edible chews
- Kongs
- Training treats
- Toys
- Puppy Crate
- x-pen
- Soft mat or blanket
- Bowls
- Brush
- Nail clippers
- Poop bags

RESOURCES

Puppy Culture and When Pigs Fly
by Jane Killion

Puppy Start Right by Debbie
Martin and Kenneth Martin

Perfect Puppy in 7 Days by Dr.
Sophia Yin

MINDFUL PUPPER

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Puppies are environmental sponges up until 16 weeks, this means they don't yet have firm emotional responses to the world so they may fluctuate a bit, but this is also prime learning time!

- Set your puppy up for success by introducing toy and food rewards early, this can help with their problem solving skills later on, pair these with a fun word "yes!", "good!" or with a clicker
- Your puppy might be sleeping a lot! that's normal, as they are still growing and processing a big change
- Set up your puppies sleeping area with an x-pen around their crate, that way they can stop out of the crate if it's uncomfortable
- Meeting other dogs: it's best to do meeting slow. First let your new puppy explore before introducing other pets.

Socializing is NOT: meeting everyone, constant stimulus, or creating fearful learning environments

Socializing IS:

- creating positive associations with new things and people
- building confidence by letting the puppy explore safely on their own
- ending interactions if the puppy is uncomfortable, making note to go back later
- Teaching the puppy manners and expectations with it is an adult

Problem solving tips and tricks:

Mouthy puppy?

- Puppy teething is very normal, and can be uncomfortable
- Provide a variety textures (soft, hard, and in between)
- Reinforce your puppy for calm behaviors
- Make sure your puppy gets lots of naps (alone and with people around)

Crate Troubles?

- Some puppies take time to get comfortable in a crate
- Reward them for short interactions with it
- Try feeding them, or giving them a kong every time they go in
- Slowly add in more time; the general rule is a puppy can be alone 1 hour for every month of life (2months=2hrs, 6months=6hrs)

